





September TIA Public Skate Calendar

PUBLIC SKATE: \$6.00/PERSON ♦ RENTAL SKATES: \$3.00/PERSON

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
				1 11:45 a.m. - 1:15 p.m.	2	3 11:45 a.m. - 1:15 p.m.	4 CLOSED
5 CLOSED	6 LABOR DAY 	7 11:45 a.m. - 1:15 p.m.	8 11:45 a.m. - 1:15 p.m.	9	10 11:45 a.m. - 1:15 p.m.	11 2:30 - 4:00 p.m.	
12 1:30 p.m. - 3:00 p.m.	13 11:45 a.m. - 1:15 p.m.	14 11:45 a.m. - 1:15 p.m.	15 11:45 a.m. - 1:15 p.m.	16	17 11:45 a.m. - 1:15 p.m.	18 2:00 - 3:30 p.m.	
19 1:30 p.m. - 3:00 p.m.	20 11:45 a.m. - 1:15 p.m.	21 11:45 a.m. - 1:15 p.m.	22 11:45 a.m. - 1:15 p.m.	23	24 11:45 a.m. - 1:15 p.m.	25 2:30 - 4:00 p.m.	
26 1:30 p.m. - 3:00 p.m.	27 11:45 a.m. - 1:15 p.m.	28 11:45 a.m. - 1:15 p.m.	29 11:45 a.m. - 1:15 p.m.	30			

Trough Ice Arena Covid-19 Protocols

PER FACILITY SIGNAGE: Drop-in program guests are required to wear a face covering at all times regardless of vaccination status.

PUBLIC SKATE PROTOCOLS

The following items **ARE NOT ALLOWED** on Public Skate Ice Sessions: **Sticks, Pucks, Head Phones, Cell Phones**

For safety purposes, carrying a child on-ice is **NOT** allowed.

Online registration is preferred, however, walk-ins are welcome.

We recommend that you leave all valuables (i.e. money, jewelry, cell phone etc.) in your locked vehicle.

PUBLIC SKATE CANCELLATION POLICY

Only sessions canceled 4 hours prior to start time are eligible to receive a credit or refund.

To cancel a session(s), please contact our office and leave a voicemail or send an email: (207) 808-5491 / via@portlandmaine.gov

Trough Ice Arena • 225 Park Avenue • Portland • ME • 207-774-8553 • www.troubhicearena.com

September

TIA Adult Co-Ed Pick-up Hockey Calendar

ADULT CO-ED PICK-UP HOCKEY: \$8.00/PERSON ♦ RENTAL SKATES: \$3.00/PERSON

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
				1 1:30 - 2:30 p.m.	2 1:40 - 2:40 p.m.	3 1:30 - 2:30 p.m.	4 CLOSED
5 CLOSED	6 LABOR DAY  Happy Labor Day! CLOSED	7 1:30 - 2:30 p.m.	8 1:30 - 2:30 p.m.	9 1:40 - 2:40 p.m.	10 1:30 - 2:30 p.m.	11 1:20 - 2:20 p.m.	
12 3:10 - 4:10 p.m.	13 1:30 - 2:30 p.m.	14 1:30 - 2:30 p.m.	15 1:30 - 2:30 p.m.	16 1:40 - 2:40 p.m.	17 1:30 - 2:30 p.m.	18	
19 3:10 - 4:10 p.m.	20 1:30 - 2:30 p.m.	21 1:30 - 2:30 p.m.	22 1:30 - 2:30 p.m.	23 1:40 - 2:40 p.m.	24 1:30 - 2:30 p.m.	25 1:20 - 2:20 p.m.	
26 3:10 - 4:10 p.m.	27 1:30 - 2:30 p.m.	28 1:30 - 2:30 p.m.	29 1:30 - 2:30 p.m.	30 1:40 - 2:40 p.m.			

Troubh Ice Arena Covid-19 Protocols

PER FACILITY SIGNAGE: Drop-in program guests are required to wear a face covering at all times regardless of vaccination status.

TIA ICE PROTOCOLS

The following items **ARE NOT ALLOWED** on the ice: **Head Phones, Cell Phones**
We recommend that you leave all valuables (i.e. money, jewelry, cell phone etc.) in your locked vehicle.

ADULT (18+ years Old) CO-ED DROP-IN PICK-UP HOCKEY PROTOCOLS

In order to participate in the Adult Co-Ed Drop-in Hockey program, players must be 18+ years old.
 Helmets are **required** and, at a minimum, lower padding is strongly encouraged.

CANCELLATION POLICY

Only sessions canceled 4 hours prior to start time are eligible to receive a credit or refund.





To cancel a session(s), please contact our office and leave a voicemail or send an email: (207) 808-5491 / via@portlandmaine.gov

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September

TIA Freestyle Ice Calendar

FREESTYLE ICE: \$15.00/SESSION ♦ SPECIALTY CLASSES: \$15.00/SESSION ♦ THURSDAY BARGAIN: \$8.00/SESSION

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	CLOSED
		3:40 - 4:30 p.m. 4:40 - 5:30 p.m.	3:40 - 4:30 p.m. 4:40 - 5:30 p.m.	BARGAIN 12:00 - 1:30 p.m. 3:00 - 3:50 p.m. 4:00 - 4:50 p.m.	3:00 - 3:50 p.m. 4:00 - 4:50 p.m.	
5 CLOSED	6 LABOR DAY	7	8	9	10	11
		3:50 - 4:40 p.m. 4:50 - 5:40 p.m.	3:40 - 4:30 p.m. 4:40 - 5:30 p.m.	BARGAIN 12:00 - 1:30 p.m. 3:00 - 3:50 p.m.	4:00 - 4:50 p.m. 5:00 - 5:50 p.m.	11:20 a.m. - 12:10 p.m. 12:20 - 1:10 p.m.
12	13	14	15	16	17	18
4:20 - 5:10 p.m. 5:20 - 6:10 p.m.	4:00 - 4:50 p.m. 5:00 - 5:50 p.m.	3:50 - 4:40 p.m. 4:50 - 5:40 p.m.	3:40 - 4:30 p.m. 4:40 - 5:30 p.m.	BARGAIN 12:00 - 1:30 p.m. 3:00 - 3:50 p.m.	2:50 - 3:40 p.m. 3:50 - 4:40 p.m.	12:00 - 12:50 p.m. 1:00 - 1:50 p.m.
19	20	21	22	23	24	25
4:20 - 5:10 p.m. 5:20 - 6:10 p.m.	4:00 - 4:50 p.m. 5:00 - 5:50 p.m.	3:50 - 4:40 p.m. 4:50 - 5:40 p.m.	3:40 - 4:30 p.m. 4:40 - 5:30 p.m.	BARGAIN 12:00 - 1:30 p.m. 3:00 - 3:50 p.m.	3:00 - 3:50 p.m.	11:20 a.m. - 12:10 p.m. 12:20 - 1:10 p.m.
26	27	28	29	30		
4:20 - 5:10 p.m. 5:20 - 6:10 p.m.	3:00 - 3:50 p.m. 4:00 - 4:50 p.m.	3:50 - 4:40 p.m. 4:50 - 5:40 p.m.	3:40 - 4:30 p.m. 4:40 - 5:30 p.m.	BARGAIN 12:00 - 1:30 p.m. 3:00 - 3:50 p.m.		

Troubh Ice Arena Covid-19 Protocols

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FREESTYLE ICE PROTOCOLS

Please keep your cell phone in your pocket or bag at all times. We recommend that you leave any items of value (money, jewelry etc.) in your locked vehicle.
 Mandatory pre-registration is required at least 10 minutes in advance of freestyle session start time.
 Skaters must be Gamma Level + (or Higher). *Private lessons are NOT allowed on ISI GLPI.
 Any music played must be appropriate for all age groups and **NOT** contain any vulgarity or profanity.

PRIVATE LESSONS ON FREESTYLE ICE

Skaters who are NOT Gamma Level + **OR** 6+ years old must be accompanied by their coach **AT ALL TIMES.**

FREESTYLE ICE CANCELLATION POLICY

Only sessions canceled 4 hours prior to start time are eligible to receive a credit or refund: (207) 808-5491/vla@portlandmaine.gov

SPECIALTY CLASSES

To ensure we have a coach available, pre-registration is required at least 2 days in advance for all specialty classes.

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