

Public Skate Sessions

FMI: vla@portlandmaine.gov / 207-808-5491

We offer year-round public skating sessions so dust off those old skates in the basement or rent a pair of ours. Are you looking for a fun way to change up your daily exercise routine or start a new one? Look no further! You will have so much fun; you won't even realize you are getting a great work-out in. All ages and skating levels, from beginner through advanced, are welcome! If you don't own a pair of skates, no worries, rent a pair of ours! We have both figure and hockey skates available in a wide variety of sizes from tot size 8 – adult size 13 (half sizes are not available.) During those hot summer months, there's no better way to beat the heat and during those harsh Maine winters, you can skate indoors! While it is not mandatory to pre-register for public skate sessions, **we encourage you to pre-register online**. *TIA gift certificates are available in any denomination and make a great gift for all ages!*

TIA Ice Safety Protocols:

- Skate aids are **NOT** allowed on the ice.
- Tots/Youth are **NOT** allowed to be carried on the ice.
- All who enter the ice must be wearing skates.
- Hockey sticks and pucks are **NOT** allowed on the ice during public skate.

Fees: \$6.00/Session **Rental Skates:** \$3.00/skater

[View Monthly Calendar Information](#)

[How do I register online?](#)

[Register Here](#)

Adult Co-Ed Pick-up Hockey Sessions • Minimum Age: 18 Years Old

FMI: vla@portlandmaine.gov / 207-828-5491

We offer year-round Adult Co-Ed Pick-up Hockey sessions. Stay fit while having fun and drop by for a friendly game of pick-up hockey. For those of you who may not have the time to join a league, this is a great way to keep your skills in "Check"...pun intended! Games are unsupervised. **This is a walk-in and pay upon arrival program**. *TIA gift certificates are available in any denomination and make a great gift for all ages!*

Program Protocols:

- During game-play slap-shots are **strongly discouraged**.
Players are allowed to practice slap shots when there aren't enough players for a game.
- Light passing and bumping is allowed.
- Helmets are **REQUIRED** and at a minimum, lower padding is strongly encouraged.

Fees: \$8.00/Session *Goalies skate for free.*

[View Monthly Calendar Information](#)

Youth Skills & Drills Open-Ice Hockey (YSDH) • 7-13 Years Old + 1 Adult 18+ Years Old

FMI: jodonal@portlandmaine.gov / 207-808-5494 rallen@portlandmaine.gov / 207-808-5492

Youth Skills & Drills Open-Ice Hockey is a great time to practice drills and shoot on some nets! This is a co-ed session and youth hockey skaters between the ages of 7-13 years old and of all skating abilities are welcome! Nets, pucks and cones are provided by TIA. One adult, 18+ years old, may join the skater on the ice and must register for the session as well. See you on the ice! **Pre-registration is mandatory** for all YSDH sessions. *TIA gift certificates are available in any denomination and make a great gift for all ages!*

Program Protocols:

- For youth skater's safety, **full** hockey equipment, including a helmet with a face guard, is required.
- Before shooting on a goalie, please ask for their permission.
- For parent skater's safety, at a minimum, helmets with a faces guard are **mandatory**.
- To cancel sessions, please contact the rink office no more than **2 hours prior** to session start time.

Fees: \$15.00/session

[View Monthly Calendar Information](#)

Freestyle Ice & Specialty Classes • FMI: vla@portlandmaine.gov / 207-828-5491

TIA offers not only year-round freestyle sessions, but also Edge, Conditioning, Program Practice, Spin Class and other specialty classes. Freestyle and ice dance skaters are welcome, as are their coaches. These sessions allow skaters time to practice their skating skills, schedule a private lesson or practice for an upcoming test or competition! For students enrolled in group lessons, freestyle ice offers a great opportunity to practice what they are learning in class.

In general, sessions are 50 minutes long, followed by an ice-make and are available for any participant *6+ years old and ISI Gamma Level/USFS Basic Level 6 Level or higher. *Skaters scheduled in a private lesson, who do **NOT meet the age and/or level requirements** are welcome on freestyle as long as they are accompanied by their coach **AT ALL TIMES**. Sessions are limited to 25 skaters. **Pre-registration is mandatory** for all freestyle ice sessions and specialty classes. *TIA gift certificates are available in any denomination and make a great gift for all ages!*

Fees: \$15.00/Session *Coaches scheduling a private lesson skate at no charge.*

TIA Ice Safety Protocols:

- Skate aids are **NOT** allowed on the ice.
- Youth are **NOT** allowed to be carried on the ice.
- All who enter the ice must be wearing skates.

[View Monthly Calendar Information](#)

[How Do I Register Online?](#)

[Register Here](#)

Fees: \$15.00/skater **Fees Thursday Special Only 12:00 – 1:30 p.m.:** \$8.00/skater

Coaches scheduling a private lesson skate at no charge.