




FREESTYLE ICE AND SPECIALITY CLASSES					JUNE	2021		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
		1	2	3	4	5		
		FS 9:30 AM - 10:20 AM FS 10:30 AM - 11:20 AM FS 2:50 PM - 3:40 PM FS 3:50 PM - 4:40 PM	FS 3:50 PM - 4:40 PM FS 4:50 PM - 5:40 PM	FS 12:00 PM - 1:30 PM FS 4:50 PM - 5:40 PM FS 5:50 PM - 6:40 PM	FS 3:20 PM - 4:10 PM FS 4:20 PM - 5:10 PM			
		6	7	8	9	10	11	12
		FS 11:30 AM - 12:20 PM FS 12:30 PM - 1:20 PM	FS 3:10 PM - 4:00 PM FS 4:10 PM - 5:00 PM	FS 9:30 AM - 10:20 AM FS 10:30 AM - 11:20 AM Tuesday Afternoon FS Ice will be listed under 2021 ISI Youth & Adult GLPI Individual Weeks Skaters Only on Community Pass	FS 3:20 PM - 4:10 PM FS 4:20 PM - 5:10 PM	FS 12:00 PM - 1:30 PM	FS 3:10 PM - 4:00 PM FS 4:10 PM - 5:00 PM	
		13	14	15	16	17	18	19
FS 9:10 AM - 10:00 AM FS 10:10 AM - 11:00 AM	FS 3:10 PM - 4:00 PM FS 4:10 PM - 5:00 PM	FS 9:30 AM - 10:20 AM FS 10:30 AM - 11:20 AM Tuesday Afternoon FS Ice will be listed under 2021 ISI Youth & Adult GLPI Individual Weeks Skaters Only on Community Pass	FS 3:20 PM - 4:10 PM FS 4:20 PM - 5:10 PM	FS 12:00 PM - 1:30 PM FS 3:00 PM - 3:50 PM	FS 3:10 PM - 4:00 PM FS 4:10 PM - 5:00 PM			
20	21	22	23	24	25	26		
FS 9:10 AM - 10:00 AM FS 10:10 AM - 11:00 AM	FS 3:10 PM - 4:00 PM FS 4:10 PM - 5:00 PM	FS 9:30 AM - 10:20 AM FS 10:30 AM - 11:20 AM Tuesday Afternoon FS Ice will be listed under 2021 ISI Youth & Adult GLPI Individual Weeks Skaters Only on Community Pass	FS 3:20 PM - 4:10 PM FS 4:20 PM - 5:10 PM	FS 12:00 PM - 1:30 PM FS 3:00 PM - 3:50 PM	FS 3:10 PM - 4:00 PM FS 4:10 PM - 5:00 PM			
27	28	29	30					
FS 9:10 AM - 10:00 AM FS 10:10 AM - 11:00 AM	FS 3:10 PM - 4:00 PM FS 4:10 PM - 5:00 PM	FS 9:30 AM - 10:20 AM FS 10:30 AM - 11:20 AM Tuesday Afternoon FS Ice will be listed under 2021 ISI Youth & Adult GLPI Individual Weeks Skaters Only on Community Pass	FS 3:20 PM - 4:10 PM FS 4:20 PM - 5:10 PM					
<ul style="list-style-type: none"> • Freestyle Skaters: Mandatory pre-registration is required at least 10 minutes in advance of freestyle session start time. • Coaches: Mandatory pre-registration is required at least 10 minutes in advance of freestyle session start time. • To register, please use this link and save to your browser for future easy access: Click Here to Register 					FS - \$15.00/session			
					FS - \$8.00/session			
Covid-19 Protocols: <ul style="list-style-type: none"> • All who visit TIA, including skaters, parents, guardians, etc., are required to wear a face covering. • All are welcome! As of June 1st, capacity limits and social distancing requirements have been lifted. • Until we able to lift our mask policy, consumption of food is not allowed in the arena 								
<p style="text-align: center;">• When changes are made to session times, they will be highted in yellow and an email will be sent to you advising you of those changes.</p>								



FREESTYLE ICE SKATERS & COACHES PROCEDURES

(Freestyle Ice includes specialty classes, i.e. Edges, Conditioning, Program Practice, etc.)

\$15.00 / session

(Updated 05.24.2021)

1. Online registration is now **MANDATORY** for all freestyle ice sessions. It is not mandatory for coaches.
2. All who visit TIA, including skaters, parents, guardians, etc., are required to wear a face covering.
3. To register for sessions, please click here: [Freestyle Ice Registration](#)
4. If you need help registering, please contact: vla@portlandmaine.gov / 207-808-5491.
5. Number of skaters allowed on freestyle session ice: **25**
6. Skaters are **required to wear a face covering at all times, including when engaging in on-ice activities.**
Please Note: Per the CDC, shields alone are not an acceptable barrier unless combined with a face covering.
7. Skaters must be pre-registered at least 10 minutes before the session start time and 4 hours in advance for specialty classes, i.e. Spin Class, Figures Class, etc.
8. **ONLY sessions canceled 2 hours prior to the freestyle ice start time are eligible to receive a credit or refund. To cancel, please email vla@portlandmaine.gov or call 207-808-5491.**
9. TIA does **NOT** maintain a Lost and Found. Any items left behind will be disposed of.
All personal items, i.e. jewelry, wallet, etc. should be left at home.
10. Consumption of food is not allowed in the arena.

It is the responsibility of each facility staff member, skating director and instructor/coach to enforce policies and procedures intended to keep all participants safe.

No refund will be given if a skater is asked to leave the building for not following procedures.

Patrons Who Violate these Guidelines Will Be Asked to Leave Trough Ice Arena

Even with these precautions in place, Trough Ice Arena cannot eliminate all risk associated with COVID-19. By choosing to make use of this facility, guests are assuming the risk that they may contract COVID-19 at the facility despite Trough Ice Arena's best efforts to provide a clean and safe environment.

Trough Ice Arena Is Taking the Following Steps to Keep Skaters Safe

- With CDC-approved disinfectant, cleaning procedures will be modified with CDC guidance.
- TIA requires staff to wear face coverings and to frequently sanitize their hands.
- Please use the hand sanitizers provided at our rink and wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom, after blowing your nose, or coughing or sneezing.