
PORTLAND
PARKS, RECREATION
& FACILITIES

***This is a living document and is subject to change as more information becomes available and guidelines change. ***

2020-2021 Portland Recreation Basketball Guidelines

Welcome back to Portland Parks & Recreation's annual basketball leagues! As we return to play, our goal is to continue to provide the most safe and memorable experiences in youth basketball. In order to do so, we encourage parents, athletes, coaches, and guests that join us, observe and play responsibly by learning our new ground rules to prevent the spread of COVID-19.

Guidelines– *Subject to change*

1. East End and Riverton Community Centers will be used for practices and games.
2. Hours- TBD based on structure of the basketball league. Typically practices are one per week between 5-7 pm Monday thru Friday, games being on Saturdays between 8-5 pm.
3. All facilities must adhere to the 50 person maximum occupancy including coaches, players, parents, and referees/admin.
4. Each participant will be allowed one person from their family in the gym for games to keep the league under the 50 person maximum. Parents must wear proper face covering at all times while during the building. All cohorting groups sizes (30) at this point in time will be followed.
5. Proper COVID signage will be posted at community center entrances regarding health risks, symptoms and facility requirements.
6. All patrons will have their temperature taken and answer health and travel questions upon entry. All patrons entering the building for programs must sign in with staff members at the designated facility entrance point. Sign in information to include

phone number and address for contact tracing.

7. All participants (Coaches/Players) are required to wear face coverings when entering or moving around in the building, players are not required during actual game play. Members of the bench while not participating on the floor are required to wear their face coverings.
8. Public will use only designated site entrances and exits at community centers. Proper signage will be posted with directional cues to assure appropriate traffic flow. There will be specific entry points, and specific exit points to allow for limited cross contamination
9. Building restrooms available. Riverton bathrooms will be in the pool hallway, and East End in the main hallway, with only one person at a time in the bathroom. Locker rooms at East End are currently closed.
10. Patrons may not linger in common areas such as lobby or open space. Immediately following the games/practices, you must exit the facility in preparation for the next group to enter.
11. 30 minute buffer times will be allocated between practices/games to allow for proper sanitization of high touch surfaces and allow buildings to be cleared of prior participants.
12. Participants must not show up any earlier than 15 minutes prior to a game or practice.

Basketball Specific Rules/Policies

1. All leagues will be 5 vs. 5 play for both Gallagher and Caldwell 4th/5th.
2. All teams will have a maximum number of 10 players per team.
3. All teams will be allowed only two coaches per team
4. Only two teams will be allowed in the building at the same time both for practice and games.
5. Face coverings will not be mandated during actual practice or game play on the floor for players. They will be required for coaches at all times.

GAME SCHEDULE

Game start times will be staggered, and teams are not allowed to arrive more than 15 minutes prior to game time. Basketball games will start on time.

PRE-GAME

- All persons entering the gym will be required to wear a face-covering and have their temperature checked for compliance.
- All persons will be asked the following questions. Do you feel ill or have you been caring for someone who is ill? In the past two weeks, have you been exposed to anyone who tested positive for Covid-19.
- Players are encouraged to bring masks and their own small personal hand sanitizers. Hand sanitizing stations will be on-site, and are mandatory for all participants to use upon arrival and departure.

DURING THE GAME

- The City will provide the game balls. The game ball will be sanitized per each quarter and during timeouts, or ball exchanged with another to allow appropriate sanitization.
- Each team is also required to use hand sanitizer at half time before the next half starts.

PLAYERS

- Referees/administrators must practice physical distancing whenever possible when communicating with players and coaches.
- The only people allowed at the scorer's table will be site staff and referees.
- Sidelines will be expanded, and we ask for your cooperation in practicing social distancing. Chairs for each bench will be distanced to 3 feet between each chair on the sideline.
- Players (including referees) on the court are not required to wear a face-covering but they are optional if participants feel more comfortable using them.
- Physical contact, such as high fives, hugs, sitting next to others for water breaks, etc. are

discouraged.

- Players and spectators will leave the gym immediately afterward for sanitizing of the gym, equipment, and restrooms.

SPECTATORS

- Spectators may arrive 15 minutes before game time and exit immediately after for gym/restroom sanitizing.
- Players are allowed one spectator per game and must observe six-foot spacing on bleachers. Spots will be marked in advance for all bleachers.
- Hand sanitizer will be available at the entrance and exit of the facility
- All spectators must wear proper face covering from the moment they enter the building until they exit.

POST-GAME

- In lieu of handshaking lines, each team will line up on their respective side of the court and respectfully acknowledge each other for a good game.

ADDITIONAL COVID-19 SAFETY PRECAUTIONS

Portland Parks & Recreation will post signs inside facilities and restrooms with the following CDC safety guidelines: proper hand washing, wearing of face masks, and social distancing.

- Parents should monitor the health of their children and not send them to participate in sporting activities if they exhibit any symptoms of COVID-19. They should seek COVID-19 testing promptly and report results to the program given the implications for other children, families, and staff. Individuals aged 65 or older are at a higher risk of COVID-19. Parents should protect any vulnerable persons who are members of the same household or come into frequent, close contact with individuals who participate in youth sports.
- Any staff or participant exhibiting signs or symptoms of possible COVID-19 will be asked to

leave the facility and contact their local health professional.

- For anyone identified with COVID-19 to return, they must obtain a note from a healthcare professional clearing the individual for the return based on a negative nucleic acid COVID-19 test and an alternative diagnosis.

- If a staff member tests positive for COVID-19, the league organizer will notify parents or guardians of possible exposure to a lab-confirmed case of COVID-19.

- If three or more players in our league have individuals test positive for COVID-19, we work with state and local public health authorities about continued operations for our league.

MOVING FORWARD

- Throughout the season as medical and governmental guidance changes, our Return to Play policies will continue to evolve. All updates will be communicated to participants in advance of their event.