

TROUBH ICE ARENA YOUTH/TEEN HOCKEY SKILLS & DRILLS DROP-IN SESSIONS

225 Park Avenue • Portland • ME • 04102 • 207-774-8553

www.troubhicearena.com

\$15.00/Session

Tuesday, March 16th 5:30 - 6:30 p.m. 7-11 Year Old Plus 1 Parent Welcome 20
Max **Skating Parents must register as well.**

Tuesday, March 16th 6:50 - 7:50 p.m. 12-15 Year Old Plus 1 Parent Welcome 20
Max **Skating Parents must register as well.**

Tuesday, March 23rd 5:30 - 6:30 p.m. 7-11 Year Old Plus 1 Parent Welcome 20
Max **Skating Parents must register as well.**

Tuesday, March 23rd 6:50 - 7:50 p.m. 12-15 Year Old Plus 1 Parent Welcome 20
Max **Skating Parents must register as well.**

This is a great time to do some cone drills and shoot on some nets! For your safety, full hockey equipment is required. To register, please use the link:

<https://register.communitypass.net/reg/login.cfm?cuBOAPTT>

- Pre-registration is required. To register for sessions, please use the link above:
 - Before entering our rink each day, please scan the Q-code and answer TIA Covid-19 Daily Health Check questions (see below). For your convenience, the Q-code is on the doors of the arena.
- When goalies are here, you may individually shoot on them or do penalty shot drills.
- Skaters are **required** to wear a face covering at all times, including during on-ice activities.
Please Note: Per the CDC, face shields alone are not an acceptable barrier unless combined with a face covering.
- To cancel sessions, please contact the rink office no more than 2 hours prior to session start time.
- TIA's number one goal is keeping everyone safe. Please familiarize yourself with these protocols below.

FMI: jodonal@portlandmaine.gov / 207-808-5494

TROUBH ICE ARENA YOUTH/TEEN HOCKEY SKILLS & DRILLS PROTOCOLS

\$15.00 / Session

Updated 03.04.2021

1. Online registration is now **MANDATORY** for all sessions. This allows YOU to know if spaces are available and to reserve your spot early. If you do not have access to online registration or need help, NO problem!! Please call, email or visit our facility in person. We are happy to register skaters for you.
2. Due to the COVID-19 pandemic, and per the Maine CDC 6-foot rule, for the health and safety of TIA staff and skaters, TIA has set in place a "No Touch Policy". In order to stay in compliance with this policy, staff will ONLY assist skaters who are unable to rise unassisted due to injury. For this reason, skaters must have some on-ice skating experience.
3. To register for sessions, please use this link: <https://register.communitypass.net/reg/login.cfm?cuBOAPTT>
4. Number of skaters/session allowed on each session of ice: **20 including skating parents**
5. **PER THE MAINE CDC, NO GAME PLAYING IS ALLOWED.**
6. Please arrive at the rink no more than 10 minutes before your scheduled session. This allows staff to keep groups separate from each other for the purposes of contact tracing.
7. All who visit TIA, including skaters, parents, guardians, etc., are required to wear a face covering and observe the 6 foot rule. When waiting in line outside or standing by your vehicle in the parking lot, you must wear your face covering and observe the 6 foot rule. (Family members who live in the same household are exempt from the 6-foot rule.)
8. Skaters are **required to wear a face covering at all times, including when engaging in on-ice activities.** *Please Note: Per the CDC, shields alone are not an acceptable barrier unless combined with a face covering.*
9. Skaters are to be dropped off/picked up outside the rink and should come prepared to take the ice.
10. Family/Friends/Spectators are ***NOT** allowed in the arena unless they are registered to skate. Very young children may **briefly be accompanied by one adult, wearing a facemask**, for assistance prior to and immediately following their session.
11. As a safety precaution, TIA is controlling access to the building and as such, we appreciate your prompt arrival for sessions.
12. **ONLY sessions canceled 2 hours PRIOR to skills & drills session start time are eligible to receive a credit or refund. To cancel, please email jodonal@portlandmaine.gov or call 207-808-5494.**
13. Upon your arrival, entrance to the building is through the front doors and once in the lobby, down the stairs to the left. *Please look for the arrows.*
14. Areas will be clearly marked 6 feet apart where skaters can put on and take off skates and leave their jackets, water bottles, shoes, etc. with their bag. **Boldly** label your water bottle with your name and leave on the bench with belongings.
15. Skaters must exit the building **within 10 minutes** after their session has concluded.
16. Upon your departure, exit past the bleachers and through the side doors. *Please look for the arrows.*
17. TIA does **NOT** maintain a Lost and Found. Any items left behind will be disposed of. *All personal items, i.e. jewelry, wallet, etc. should be left at home.*
18. Consumption of food is not allowed in the arena.
19. Restrooms may be used with a maximum of 2 skaters per restroom allowed.
20. Gathering/Socializing in the lobby and/or restrooms is **NOT** allowed.
21. Skate sharpening is available upon request and by appointment only. (207) 808-5494

Before entering the facility, it is mandatory that skaters answer all of the questions on the TIA Covid-19 Daily Health Check. You may do this from home or upon your arrival at TIA. Please Scan the TIA Covid-19 Daily Health Check Q-code.

Violation of these guidelines may result in being asked to leave our facility.

Refunds/credits will not be given when asked to leave the building for not following procedures.

If transportation is needed, skaters will stay with a staff member in the building until their transportation arrives. Even with these precautions in place, Trough Ice Arena is not able to eliminate all risk associated with COVID-19. By choosing to make use of this facility, guests are assuming the risk that they may contract COVID-19 at the facility despite Trough Ice Arena's best efforts to provide a clean and safe environment.



1. Open your camera on your cell phone.
2. Hold camera up to Q-code.
3. Tap on prompt to take you to TIA Covid-19 Health Check questionnaire.
Thank you!